There are 2 Young Women’s Health & Leadership Programs at the UCSF National Center of Excellence in Women’s Health:

1. The Innovators in Young Women’s Health (Innovators) and
2. The Youth Steering Committee (YSC).

Both programs are designed to be a safe and open place where young women can come together to share their thoughts and ideas, develop self-confidence, and build leadership skills. Participants explore various health and leadership topics including self-esteem, reproductive health, stress management and skill-building for youth leaders.

Please read both descriptions and indicate which program you are interested in applying for. If selected, you can only be hired for 1 program.

The Innovators work for 10 months in a small team to develop a health & leadership program for their high school community. Work in this program includes conducting a community assessment, writing a grant proposal & developing, implementing and evaluating a health & leadership project. Innovators work in pairs and are required to have an adult ally at their school who can work with them on the project. Strong writing skills are important for this program.

The Youth Steering Committee (YSC) works for 8 months in a group of 15-20 diverse young women from San Francisco high school to create a 1-day health & leadership event (conference) for 250 girls from San Francisco High Schools. Work in this program includes conducting a community assessment; creating conference goals & theme; researching and selecting speakers, workshop leaders and entertainment; and planning all details for the conference.

Mandatory Orientation Week: August 4-August 8, 2014
UCSF National Center of Excellence in Women’s Health
Young Women’s Health & Leadership Programs
2014-2015 Application

Deadline: Monday, April 21, 2014

REQUIRED Program Components
1. Daily attendance during orientation week: August 4-8, 2014
   Mandatory Orientation Week: August 4-August 8, 2014
2. Weekly attendance & participation in meetings beginning the week of August 18, 2014
   Innovators meet every Tuesday, 4:30 -6:30 pm through May 2015 (excluding school holidays)
   YSC meet every Thursday, 4:30 – 6:30 pm through March 2015 (excluding school holidays)
3. Both programs meet once a month on Saturdays from 10 am-1 pm
4. Attendance at the 2015 Young Women’s Health & Leadership Summit (date TBD)

Compensation
Students are hired as employees of UCSF and are paid $10.74/hour for their participation in this program. All youth are required to have a work permit and a social security number in order to work.

Time Commitment
Attendance is required at ALL meetings
Mandatory orientation week: 10 am – 4 pm from August 4-8, 2014

Innovators Meetings
Every Tuesday from 4:30 – 6:30 pm at UCSF Mt. Zion (2356 Sutter Street)
One Saturday a month from 10 am – 1 pm at UCSF Mt. Zion (2356 Sutter Street)

Youth Steering Committee Meetings:
Every Thursday from 4:30-6:30 pm at UCSF Mt. Zion (2356 Sutter Street)
One Saturday a month from 10 am-1 pm at UCSF Mt. Zion (2356 Sutter Street)

Eligibility
Must be enrolled in a San Francisco public or charter high school during the 2014-2015 school year.

Selection Process
All applications will be reviewed by a committee. Selected applicants will be advanced for an interview.
APPLICANT INFORMATION

Which program are you applying to?

☐ Innovators in Young Women’s Health
☐ Youth Steering Committee

Student’s Full Name:

Last     First    Middle Initial

Street Address or P.O. Box: ______________________________________

City/State/Zip: ______________________ Email: ________________________

Cell phone: ______________________ Home phone: ________________________

SFUSD School Name: ________________ Grade Level (Fall 2014): _________________

Current Grade Point Average: _________ Date of Birth: ________________________

Language(s) Spoken (other than English): ______________________________________

Ethnicity/Race: ______________________

Gender: ____________________________________________

Your neighborhood/district: ____________________________________________

How did you hear about the Health & Leadership Programs?

☐ School/teacher  ☐ 2014 Young Women’s Health & Leadership Summit
☐ Family member/friend  ☐ Attendance at an Innovators Retreat/Workshop  ☐ Website
☐ Other ________________________________

Mandatory Orientation Week: August 4-August 8, 2014
PLEASE TYPE YOUR RESPONSES (NO HANDWRITTEN RESPONSES PLEASE)

Short Essay Questions – Please respond to the following questions. Please do not be too brief. The more you information you include, the better we are able to get to know you and consider you for an interview.

1. Why are you interested in participating in the Youth Health & Leadership Programs? (Please write ½ page or more for this question)

2. Select 1 health issue that impacts high school girls. Tell us why you think this is an important issue.

3. Describe what you would like to do to improve the health of young women in San Francisco. If you have specific experience doing this, please describe.

4. What leadership skills are you most interested in obtaining? Why are these leadership skills important to you?

5. What leadership skills or personal experience would you bring to the Youth Health & Leadership Programs?

6. What activities (outside of your classes) do you plan to be involved in? Indicate how much time you will be spending on those activities.

7. Describe how you will manage your time / activities if selected for the Youth Health & Leadership Programs.

8. What are your goals for the next year? What are your goals for the next three years?

PLEASE SUBMIT COMPLETED APPLICATION BY 5 pm MONDAY, April 21, 2014 to:

Judy Young
2356 Sutter Street, Suite J112 – Women’s Health Resource Center
youngj@obgyn.ucsf.edu
FAX: 415-353-9580
If you have questions, email Judy at youngj@obgyn.ucsf.edu

Mandatory Orientation Week: August 4-August 8, 2014